



Protocol 700-M1-P: Overdose/Poison Ingestion

Revision 10/20/21
Effective 11/1/21

BLS Treatment

- ❖ Treat life threats. (See Procedure 701 *Life Threats*)
- ❖ Ensure Scene Safety. Wear appropriate PPE
- ❖ Treat for suspected narcotic overdose (Table 1)
- ❖ CPR per current County guidelines. Minimize delays and interruptions
- ❖ Prepare for transport/transfer of care.

Table 1: BLS Treatment

Narcotics / Opioids	◆ Naloxone 4 mg IN. May repeat twice every 2-3 minutes (max dose 10mg) Methadone, Darvon, and Darvocet overdose may require repeated doses
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ALS Treatment

- ❖ Treat according to ingestion. (Table 2)
- ❖ Transport/Contact Base Station.

Table 2: ALS Treatment

Narcotics / Opioids	◆ Naloxone 0.1 mg/kg IVP/IM/IN/IO. May repeat twice every 2-3 minutes (max dose 10mg) Methadone, Darvon, and Darvocet overdose may require repeated doses
Suspected Ecstasy, Rohypnol, GHB	◆ Ensure airway protection and monitor for signs of aspiration. ◆ Monitor the patient's body temperature. Use cooling measures as indicated.
Tri-Cyclic Anti-Depressants	◆ Administer Sodium Bicarbonate 1mEq/kg IVP (max dose 100mEq) for hypotension (SBP 90mmHg or less), seizure, and/or a QRS widening greater than 0.10s. ◆ If hypotension and seizures persist, or if the QRS becomes greater than 0.12s, administer additional Sodium Bicarbonate at 0.50 mEq/kg IVP to a max dose of 100mEq.
Organophosphates/Cholinergics/ Pesticides	◆ Administer Atropine 0.05 mg/kg IVP (may repeat every 5 minutes until asymptomatic) ◆ Normal saline bolus as necessary for hypovolemia.
Major Tranquilizers/ Neuroleptics	◆ Administer Diphenhydramine 1 mg/kg IVP/IM for dystonic reactions.
Channel Blockers (diltiazem, verapamil, nifedipine)	◆ Fluid bolus NS 20ml/kg if hypotensive or sinus arrest ◆ Administer Glucagon ○ < 20 kg give 0.5 units or 0.5 mg IV/IO/IM ○ > 20 kg give 1 unit or 1 mg IV/IO/IM ○ Warning: avoid Glucagon if age < 1y/o
Beta Blockers (atenolol, metoprolol, nadolol)	◆ Fluid bolus NS 20ml/kg if hypotensive or sinus arrest ◆ Administer Glucagon ○ < 20 kg give 0.5 units or 0.5 mg IV/IO/IM ○ > 20 kg give 1 unit or 1 mg IV/IO/IM ○ Warning: avoid Glucagon if age < 1y/o